

Bakewell St.

PO Box 26

Cranbourne 3977



PH: 5996 1744

NEWSLINK

www.cranbourne-ps.vic.edu.au

The teaching and learning pedagogy at Cranbourne Primary School is developed on a

RECIPE (Relevant Engaging Challenging Innovative Personalized Enjoyable)

based curriculum that supports the members of the school community to develop intrinsic

PRIDE (Persistence Responsibility Independence Discipline Enthusiasm) *in their learning.*

Issue 20

27th June 2018

CALENDAR

UPCOMING EVENTS



Month of June

Friday, 29th June

Last day of Term 2

3:15 pm finish

Month of July

Monday, 16th July

First day of Term 3

8:50am start

PRINCIPAL'S NEWS

A special notice has been sent home to all families today regarding Semester 2. As explained in the notice, the information is related to the regular '4 year cycle of school improvement' Review, set by the Department of Education & Training Victoria.

Reviews include the collecting of information and analysis of student performance, seeking input from staff, students, parents and members of the community. The Review findings identify areas where the school can make improvements and contribute to setting up the Strategic Plan for the next 4 year period. Thank you to those community representatives who contributed to the Review and to our focus groups.

Student reports will be sent home tomorrow—I encourage families to take time over the upcoming holiday period to read the reports and use them as a guide to formulate questions to discuss with teachers in Student Progress Conversations in Week 3.



As we finish the term, I would like to wish all of our families a safe holiday.

Cheryl Van Deursen
Principal

BREAKFAST CLUB

TUESDAYS & THURSDAYS

8:10 AM BER KITCHEN

Quote of the Week

'Travel safely and play fairly'

**HAPPY BIRTHDAY
TO OUR JUNE &
JULY BABIES!**

ZACH S
GUNJEET B
MANIK S
ALEAH T
MASAVER A
CHRISTIAN C
SUNNY D
TEANCUM P
J]RACHAEL S
ARFAN H
PARTICK S
ANGUS P
BAILEY W
HAYDEN M
SAPATI T
GRACE W
IRUSHI R

*Happy Birthday to
those students who
are celebrating
their special day!*



Stars of the Week

These students have demonstrated intrinsic **PRIDE** (**P**ersistence, **R**esponsibility, **I**ndependence, **D**iscipline, **E**nthusiasm)

| Learning Community | Home Group | Student |
|----------------------|------------|------------|
| FOUNDATION | FA | Zara S |
| | FB | Agam R |
| JUNIOR | JA | Patrick T |
| | JB | Mansirat B |
| | JC | Elisha V |
| | JD | Sidak G |
| MIDDLE | MA | Anthony K |
| | MB | Piritara T |
| | MC | Amelia F |
| | MD | Dario J |
| SENIOR | SA | Manny S |
| | SB | |
| | SC | |
| | SD | Brodie |
| ICT | FB | Remi O |
| MUSIC | MD | Nary N |
| ART | MC | Jaylan N |
| PE | JB | Will W |
| Assistant Prin Mrs C | FB | Amrijot K |
| Assistant Prin Mrs F | SA | Sharni |
| Principal | JA | Zoe A |

FROM THE OFFICE

School finishes at the normal time of

3:15 pm on Friday
and Term 3 starts at
8:50 am on
Monday, 16th July 2018.

We hope you all have a
very happy and safe
holiday break!



CPS BANK DETAILS

BSB 013 593

Account Number
499102494

*Please put your
child's name in the
subject line.*



MAD ON MUSIC™

Community News

News from Mad On Music

Congratulations go to Reubann S for being awarded the Mad On Music Signature Chart Award for Term 2, 2018.

Well done, Reubann!

The Mad on Music Annual Evening Concert is scheduled for Friday
31st August 2018 —

We hope that all of our students participating in this event enjoy
the experience and show their musical talents!



Di Fernand - Assistant Principal



Persistence Responsibility Individuality Discipline Enthusiasm
Here is a fun activity for the holidays!

H...k...h...Killer Whale...p...ing...ng...a...

PHILLIP ISLAND WHALE FESTIVAL

6-8 JULY 2018

Celebrate the annual whale migration!

Join in for a whole host of **FREE** or low-cost activities:

- Follow the Bass Coast Whale Trail
- Whale out of Water
- Meet a Marine Biologist
- Marine Wildlife Photo Exhibition & Workshop
- Boomerang Bags
- Art Installations
- Marine Wildlife Movies
- Movies and Story Time
- Whale Spelling
- and much more...

For program details and more info visit:
islandwhales.com.au



As we approach the School Holiday period, the following article from Headspace may be of interest.

Keeping your child happy, healthy and safe during the school holidays



headspace is encouraging parents and carers to think about their child's mental health over the holidays, with research showing 1 in 7 school-aged children has experienced a mental health condition.

headspace Head of Direct Clinical Services Vikki Ryall said holidays were a good time to tune in to a child's emotions, pay deeper attention to any unusual behaviour, and try to open up communication.

"A break from school and lots of extra hours together as a family can be a great experience, but for some families it is a challenging time when concerns emerge," Ms Ryall said.

"Some young people find it isolating to be away from their usual school routines and peer support network. For those struggling to make friends, it can be a lonely time when everyone else seems to be having fun.

"It can be hard as a parent to work out the difference between typical behaviour such as moodiness and irritability, and the signs of an emerging mental health issue. But if you are seeing behaviour that concerns you, help is available."

Mental health disorders are prevalent in young people. Almost one in seven school-aged children in Australia – an estimated 560,000 students – had a mental disorder in 2013-14 according to the Telethon Kids Institute Young Minds Matter survey. Examples included anxiety, depression, self-harming behaviours and eating disorders.

Ms Ryall said parents seeing warning signs should encourage their son or daughter to talk openly and honestly about what they are experiencing, and ask what they need.

Most importantly, she said parents should listen to their child's fears and concerns without judgement and be patient when responding.

"If your child is distressed, don't tell them to 'just calm down' or 'get over it'; they need to know you are taking them seriously. Avoid judgement and reassure them you are there for them," she said.

"Let them know that if they don't want to talk to you, they can talk to other adults they trust or to health professionals through a service like **headspace**. It's really important for you to support your child in seeking help elsewhere."

There are many other steps parents and carers can take during these holidays to support children who are having a tough time.

"Simple things such as eating three meals a day and getting a good night's sleep are important. Maintain a routine to ensure your child is not regularly staying up late, or sleeping in very late the next day," she said.

"Involve your child in decision-making and give them responsibility at home. One way to do this is to ask them to choose a meal and help prepare it."

Doing a project - especially one a parent can be part of, such as painting a room – is another way to help young people feel engaged and create an environment where it's easier to talk.

Other holiday activities to encourage include:

- Volunteering: For ideas on how young people can make a difference visit: govolunteer.com.au, volunteer.com.au or volunteeringaustralia.org
- Learning something new: Whether its photography, music, sport or dance, contact local councils and leisure centres to find out what's on for children and young people.
- Organising and exploring: Make a list of places to visit and things to do, and get out there!
- Creative projects: Get those creative juices flowing. Revamp a bedroom or create an art piece.
- Getting active: Encourage young people to spend time outside, visit a park with friends or family, or walk the dog around the block.



Breakfast Club

This semester, Breakfast Club at Cranbourne Primary School was very successful! Thank you to all the students who visited and enjoyed a healthy breakfast. Students were able to start their day with positive and kind words from both students and staff. Our school has been lucky enough to have donations provided to us from a range of suppliers, including Food Bank who have added honey and vegemite to their list of goods. This complements the donated bread from 'Baked' at the Hunt Club Village.



Breakfast Club is also supported by our local Coles and Woolworths and students who attend Breakfast Club in the morning donate a dollar coin for attending. This helps us to fund the necessary products to keep Breakfast Club going!

If you would like to enjoy a healthy breakfast, Miss Collier and Ms Martin invite

you to come along to Breakfast Club on a Tuesday and Thursday morning.

Breakfast Club is **located** at the senior end of the BER building and on Breakfast Club mornings, the gate behind the senior building is open for easy access.

Breakfast is provided to students after **8am** and before **8:30am**. Students are supervised by teachers inside the building until **8:45am** when students are transitioned outside.



The Environmental Team has been busy this term cleaning up the Mini Golf Area. We have pulled out all the weeds and will be laying some newspaper and mulch to help keep the weeds down along the walking paths. We are all very excited for when the warmer months come and we can open the Mini Golf Area.

Mrs Derix
Environmental Co-ordinator

E n v i r o n m e n t a l T e a m



Thursday 5 July

Circus Drama Workshop with The Drama Toolbox

Welcome your little ones into the world of performing arts and theatre. Children create a big top sensation as tightrope walkers, lions, tigers, prancing ponies and more.

10.00 am – 11.00 am

Ages: 5 – 8 years Cost: \$10

Hey Dee Ho

A fun music program for children where musical concepts of beat, rhythm, tempo, pitch and dynamics are explored.

10.00 am – 10.45 am

Ages: 1 – 5 years Cost: \$5

Youth Girls Valkyrie Self Defence

Come and try the self defence workshop and learn the basics of protecting yourself through kickboxing and MMA.

1.00 pm – 2.30 pm

Ages: 12 years and over Cost: \$3

Family Meditation

Practice some mindfulness and meditation as a family.

1.30 pm – 2.15 pm

Ages: 4 years and over Cost: \$2

Mums and Bubs Soul Flame Yoga

A post-natal class, specifically designed for both mums and bubs to experience together as you rebalance your body after pregnancy.

11.00 am – 12.00 pm

Ages: 0 – 3 months Cost: \$3

Friday 6 July

Amazing Danny the Magician

Melbourne magician extraordinaire, Amazing Danny will wow your little ones with a mix of silly and impressive magic, juggling, jokes, puppets and balloon modelling.

11.00 am – 12.00 pm

Ages: ALL Cost: \$5

Monday 9 July

Superhero School

Superhero School will focus on developing your child's super identity and powers. With SUPER activities such as spinning wonder webs, capturing villains and rescue skills.

10.30 am – 11.30 am

Ages: 4 – 6 years Cost: \$10

Magic Workshop

Let children learn the secrets behind the magic as they participate in this hands on workshop. Not only do they learn the trick, but many fun and clever ways to perform it to fool friends and family.

10.30 am – 12.00 pm

Ages: 5 – 9 years Cost: \$10

Star Wars Jedi Academy

Learn the ancient secrets of the Jedi and master skills such as agility, focus and lightsabre techniques, topped off with a graduation certificate for each child.

12.00 pm – 1.00 pm

Ages: 5 – 9 years Cost: \$10

Bricks 4 Kidz

Break out the bricks at Bricks 4 Kids LEGO playland.

1.00 pm – 2.00 pm

Ages: 6 – 8 years

2.00 pm – 3.00 pm

Ages: 9 – 12 years

Cost: \$5

Family Games Night

Get your GAME ON! You're invited to our first family games night. Perfect for all ages and to beat the cold!

6.00 pm – 7.30 pm

Ages: ALL Cost: \$3

Wednesday 11 July

Playgroup with Playgroup Victoria

Join us for a fun morning of playgroup run by Playgroup Victoria.

1.00 pm – 3.00 pm

Ages: 0 – 5 years Cost: \$2

Shukokai Karate

Come and try Shukokai Karate. Karate develops confidence and discipline while having fun and getting active.

10.00 am – 10.45 am

Ages: 3 – 6 years

11.00 am – 12.00 pm

Ages: 7 – 12 years

Cost: FREE

Tuesday 10 July

Tiddalick the Frog with The Drama Toolbox

Celebrating NAIDOC week, The Drama Toolbox brings you the Aboriginal dreamtime story of Tiddalick the Frog. An outback adventure that uses performance and storytelling techniques. Children become local fauna to bring this story to life as emus, frill neck lizards, wombats, koalas, kangaroos and more.

10.00 am – 11.00 am

Ages: 5 – 8 years Cost: \$10

Messy Play

Experiment and play with different materials and textures.

10.00 am – 11.30 am

Ages: 2 – 4 years Cost: \$5

Kids Art Workshop

Join artist Mandy Nelson to create native animal masterpieces using recycled products.

12.30 pm – 2.00 pm

Ages: 9 – 12 years Cost: \$5

Kids Soul Flame Yoga

The class is relaxed, playful and loads of fun, including both traditional and modified yoga poses. We aim to support children's gross motor development by increasing ability to focus and concentrate while encouraging mindfulness.

1.00 pm – 2.00 pm

Ages: 9 – 12 years Cost: \$3

Thursday 12 July

Fossil Hunters with Labcoat Learning

Children explore various different types of fossils, create fossils and hammer open some rock samples revealing real fossils that you take home.

Ages: 5 – 8 years, 10.00 am – 11.00 am

Ages: 9 – 12 years, 11.00 am – 12.00 pm
Cost: \$10

Fun-Key Yoga with Hey Dee Ho

Join in on Fun-Key Yoga with Hey Dee Ho. Unlike normal yoga, Fun-Key is animated, noisy and oodles of fun! The instructors use games, storytelling, music and props to engage children both physically and mentally.

10.00 am – 10.45 am

Ages: 2 – 5 years Cost: \$5

Mums and Bubs Soul Flame Yoga

Come and try our post-natal class, specifically designed for both mums and bubs to experience together as you rebalance your body after pregnancy.

11.00 am – 12.00 pm

Ages: 0 – 3 months Cost: \$3

Mindful Play

The purpose of teaching mindfulness to our children is to give them skills to develop their awareness of their inner and outer experiences, to recognise their thoughts as "just thoughts," to understand how emotions manifest in their bodies, to recognise when their attention has wandered, and to provide tools for impulse control.

1.30 pm – 3.30 pm

Ages: 5 – 9 years Cost: \$2

Youth Girls Valkyrie Self Defence

Come and try the self defence workshop and learn the basics of protecting yourself through kickboxing and MMA.

1.00 pm – 2.30 pm

Ages: 12 years and over Cost: \$3

Friday 13 July

Super Science

Our Super Science programs are all about hands-on mixing, testing and experimenting! Join us as we make slime, create giant bubbles, and launch fizz poppers.

Ages: 5 – 8 years Cost: \$10

10.00 am – 11.00 am

1.00 pm – 2.00 pm

Ages: 9 – 12 years Cost: \$10

11.00 am – 12.00 pm

2.00 pm – 3.00 pm

Selandra Community Hub

03 9709 9615

7-9 Selandra Boulevard, Clyde North VIC 3978

✉ selandrach@casey.vic.gov.au

🌐 casey.vic.gov.au/selandracommunityhub

📱 facebook.com/selandracommunityhub



CASEY.VIC.GOV.AU

School Holiday Program

Join us for school holiday fun at the Selandra Community Hub

3 – 13 July 2018 Book now at casey.vic.gov.au/selandracommunityhub.
Registrations open on Monday 4 June

Tuesday 3 July

Playgroup with Playgroup Victoria

Join us for a fun morning of playgroup.

9.30 am – 11.30 am

Ages: 0 – 5 years Cost: \$2

***Parental supervision required**

Cupcake Decorating

Decorate two of your very own cupcakes to take home. With assorted icing colours and decorations, your little ones are sure to have a sweet time!

10.00 am – 10.45 am

11.00 am – 11.45 am

Ages: 9 – 12 years Cost: \$10

Wednesday 4 July

Australian Animals Show Wild Action Show

Get up close and personal with a HUGE array of Australian animals such as a Freshwater crocodile, black headed python, a Goanna and much more.

10.45 am – 11.45 am

Ages: 5 – 12 years Cost: \$10

Rockpool Discovery Show with Wild Action

Get up close and personal with a pot-bellied sea horse, cow fish, Port Jackson Shark, elephant snails and more.

12.15 pm – 1.15 pm

Ages: 5 – 12 years Cost: \$10

Kids Soul Flame Yoga

Calling all little Yogis! Relax and have a little fun with playful, traditional and modified yoga poses. We aim to support children's gross motor development by increasing ability to focus and concentrate while encouraging mindfulness.

1.00 pm – 2.00 pm, Ages: 9 – 12 years Cost: \$3



WE'RE IN TOWN

Roll up your sleeves
and give blood



Cranbourne Mobile Donor Centre

Balla Balla Centre

65 Berwick-Cranbourne Road, Cranbourne East 3977

Appointments available:

| | |
|--------------------------|------------------|
| Monday 16 July | 12.00pm – 7.30pm |
| Tuesday 17 July | 12.00pm – 7.30pm |
| Wednesday 18 July | 1.00pm – 7.30pm |
| Thursday 19 July | 12.00pm – 7.30pm |
| Friday 20 July | 8.00am – 3.30pm |

Make an appointment today

Call **13 14 95** or visit
donateblood.com.au



Australian Red Cross
BLOOD SERVICE