**UPCOMING EVENTS**

*Wednesday 30th July*
Book Club Issue 5 – orders due back

*Thursday 7th August*
Australian Maths Competition

*Thursday 14th August*
Special Pizza lunch day

*Friday 15th August*
Curriculum Day

*Saturday 16th August*
PFA Bunnings BBQ

*Monday 18th – Wednesday 20th August*
Life Education Van visit

**PRINCIPAL’S NEWS**

**Remember: Curriculum Day Friday 15th August**

Students are not required at school on this day

School Council is arranging a Working Bee to do some small jobs around the school early in Term 4.
The last working bee was extremely productive and gave our school a fresh face lift.
As you know many hands make light work. Many of the jobs that are set up at a working bee do not require much more skill than a bit of old fashioned elbow grease. We are hoping that more parents will get involved this year so we can work through the list which is currently being developed by our grounds development sub-committee.
What we are particularly interested in is finding some parents who may have some specific skills that we could utilise to make some improvements around our school.
If you are interested, available to support and willing to donate some time, please complete the form on the back of this newsletter and return the information to the office ASAP.

Cheryl Van Deursen
Principal

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**Quote of the Week**

“To read without reflecting is like eating without digesting.”

- Edmund Burke

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**House Points**

1st: Bakewell
2nd: Cameron
3rd: Russell
4th: Childers
**Winter can be a hard time for people with asthma as cold weather, coughs, colds and the flu can bring on more symptoms and attacks. People with asthma are recommended to have an annual influenza vaccination (the flu shot). Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu. Make sure your child’s asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell.**

**If your child suffers from asthma please ensure you have provided an up to date plan, a Ventolin Inhaler and a spacer for your child to use at school.**

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**STUDENT BIRTHDAYS**

Happy Birthday to the students who celebrate their birthdays this week

- **Jackson P.**
- **Aleah W.**
- **Jayden MC.**
- **Kaylem T.**

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**CURRICULUM**

**Reading**

Reading is the main focus of our homework policy. It is critical that all students practise reading at home regularly. It is important that students practise and review the reading strategies that they are learning at school.

Reading does not just involve the mechanics aspect of being able to decode and work out what the words are printed on the page. Reading also involves locating and retelling facts and information, formulating opinions and ideas about the text and answering questions related to what they have read.

Some of the strategies that children use when reading are:
- remembering and reciting familiar and favourite stories,
- using pictures and initial sounds of words,
- chunking sounds together,
- reading on to work out an unfamiliar word.

Things you can do to help your child with reading:
- Encourage your child to read at home on a regular basis.
- Provide them with a variety of reading material to choose from.
- Remember to record your child’s reading in their Student diary.
- Model reading for different purposes, such as enjoyment, following instructions, locating information.
- Make reading with your child fun, special and enjoyable for both of you.

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**Stars of the Week**

**Congratulations on all your wonderful efforts this week!**

<table>
<thead>
<tr>
<th>Grade</th>
<th>Student</th>
<th>For being</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior LH</td>
<td>Vena N.</td>
<td>Responsible</td>
</tr>
<tr>
<td>Junior MR</td>
<td>Ethan A.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Junior MD</td>
<td>Montaya F.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Junior MC</td>
<td>Maali A.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Middle LB</td>
<td>Holley B.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Middle ER</td>
<td>Nick R.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Middle SG</td>
<td>Amber D.</td>
<td>Responsible</td>
</tr>
<tr>
<td>Senior IW</td>
<td>Hayden I.</td>
<td>Responsible</td>
</tr>
<tr>
<td>Senior MD</td>
<td>Angela M.</td>
<td>Resilient</td>
</tr>
<tr>
<td>Senior BA</td>
<td>Liam A.</td>
<td>Persistent</td>
</tr>
<tr>
<td>Phys.Ed.</td>
<td>Darcey M.</td>
<td>Confident</td>
</tr>
<tr>
<td>Arts</td>
<td>Kakoda T.</td>
<td>Creative</td>
</tr>
<tr>
<td>Ass’t Principal</td>
<td>Amelie M. (JLH)</td>
<td>Responsible</td>
</tr>
<tr>
<td>Principal</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

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**From The Office**

Winter can be a hard time for people with asthma as cold weather, coughs, colds and the flu can bring on more symptoms and attacks. People with asthma are recommended to have an annual influenza vaccination (the flu shot). Preventing the flu protects people with asthma, as those with asthma are often unwell for longer and have a much harder time recovering from the flu. Make sure your child’s asthma is well-controlled; this will help them to bounce back quicker from a cough or cold and will help prevent asthma attacks when they are unwell. If your child suffers from asthma please ensure you have provided an up to date plan, a Ventolin Inhaler and a spacer for your child to use at school.
**STUDENT NEWS**

Health and Science at Cranbourne Primary School
This term the children are learning about Healthy Foods and Healthy Habits.
The following is a Wellbeing Plan for Aussie Kids.

<table>
<thead>
<tr>
<th>Healthy Foods</th>
<th>Healthy Habits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Give thirsty kids water and limit sugary drinks such as soft drinks, cordials and fruit juice drinks.</td>
<td>Start the day with breakfast.</td>
</tr>
<tr>
<td>Help young bones grow strong with 2-3 serves every day of low-fat milk, cheese or yoghurt.</td>
<td>Recreational screen time – switch off after two hours.</td>
</tr>
<tr>
<td>A variety of vegies add vitality – 5 serves a day will help kids thrive.</td>
<td>Help kids to be active at least one hour each day.</td>
</tr>
<tr>
<td>Grains are great for energy.</td>
<td>Enjoy the outdoors.</td>
</tr>
</tbody>
</table>

**CSIRO** is the most trusted source for science and technology information.
You can find out more by logging into [www.csrio.au/wellbeingplanforkids](http://www.csrio.au/wellbeingplanforkids)

**JSC Helping the Lost Dogs Home**

Meet our Junior School Council Children

They have embarked on a campaign to help the Lost Dogs Home on Thompson’s Road, Cranbourne North. If you could help this would be very much appreciated. The JSC children are asking for donations of old blankets and towels to help keep the lost dogs sheltered at the centre warm this winter. Please bring these items into school and the JSC children will collect them and in September make a visit to the Lost Dogs Home to donate all items.

*Thanks - JSC*
Thank you to all the families and friends who have been purchasing products at The Good Guys and earned donation credits to support our school. Remember every time you shop at Good Guys, ask for your Cranbourne cash credits to go to our school.

**School Uniform Reminder!**
Bomber jackets and windcheaters with yellow bands and the old logo are no longer part of our school uniform and should no longer be worn. New items with our new school logo can be purchased from Beleza.

Please note: “Hoodies” are not part of our school uniform.

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**MY SKILLS CAN SUPPORT CRANBOURNE PRIMARY SCHOOL**

My child’s name_________________________  home group ___________

My name _____________________________  contact no.______________

My skills are (please tick or add to skill)
- Building
- Fencing
- Paving
- Garden edging
- Pruning
- Tree trimming
- Gardening
- Landscaping

☐ I would be willing to help do minor jobs

**Days and times I could be available to help at school:-**

Monday   Tuesday   Wednesday   Thursday   Friday

**Working Bee**

Times:-:________________________________________